

Jeffrey S. Nugent, MD  
Maria R. Reyes, MD  
Shelli-Marie Nelson, APRN  
Cynthia Repella, APRN



8610 Technology Way Reno, NV 89521 \* 3086 Silver Sage Drive Carson City, NV 89701  
775-826-4900 • FAX 826-3257 • www.nevallergy.com

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## *Welcome to Northern Nevada Allergy*

In an effort to serve you better, it is important that you understand that it is your responsibility:

- to know your insurance,
- to know if Northern Nevada Allergy is a contracted provider for your insurance,
- to know if you need **prior authorization** for procedures or office visits,
- to know if procedures such as allergy injections, allergy skin testing, etc. are covered under your insurance,
- to know if you have a **copayment** and/or **yearly deductible**,
- to know how much of your deductible has been met.

There are hundreds of insurance companies and plans within those companies, and it is not possible for our staff to know the specific requirements of each policy.

*Please help us better serve you.*

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Patient's Name (Please print)

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Signature of patient/legal guardian

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Date

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## INFORMED CONSENT TO DIAGNOSE AND TREAT

ALL FORMS OF MEDICAL TREATMENT CARRY RISKS OF POSSIBLE SIDE EFFECTS, INCLUDING BODILY HARM OR EVEN DEATH. RISKS ASSOCIATED WITH ALLERGY DIAGNOSIS AND TREATMENT ARE DECREASED WHEN THE PROCEDURES ARE DONE BY EXPERIENCED PERSONNEL UNDER THE GENERAL SUPERVISION OF AN ALLERGIST, RISKS ARE INCREASED WHEN UNSUPERVISED ADMINISTRATION OF VACCINES AND/OR INCORRECT OR EXCESSIVE USE OF MEDICATIONS ARE UNDERTAKEN. WITHOUT TREATMENT, ALLERGIES THEMSELVES HAVE THE POTENTIAL TO CAUSE EQUALLY SEVERE REACTIONS.

I, THE UNDERSIGNED PATIENT (OR PARENT/GUARDIAN OF A PATIENT WHO IS A MINOR OR UNABLE TO GIVE LEGAL CONSENT), HAVE READ THE ABOVE AND UNDERSTAND IT. I DO HEREBY AUTHORIZE ANY DIAGNOSTIC PROCEDURE, INCLUDING, BUT NOT LIMITED TO, HISTORY TAKING, PHYSICAL EXAMINATIONS, LABORATORY TESTS, ALLERGY SKIN TESTING, PULMONARY FUNCTION TESTING, NASAL AND PHARYNGEAL ENDOSCOPY, AND EAR FUNCTION TESTING; AND ANY MEDICAL TREATMENT INCLUDING, BUT NOT LIMITED TO, ALLERGEN IMMUNOTHERAPY VACCINE ADMINISTRATION, MEDICATIONS, DIETARY RESTRICTIONS, AND EMERGENCY TREATMENT DEEMED ADVISABLE BY JEFFREY S. NUGENT, M.D. OR MARIA R. REYES, M.D., WHETHER DIRECTLY ADVISED AND/OR RENDERED BY DOCTOR NUGENT, DOCTOR REYES OR BY OTHER QUALIFIED OFFICE STAFF UNDER THEIR GENERAL SUPERVISION.

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Patient's Name (please print)

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Signature of Patient (or Legal Guardian)

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Date

---

Witness

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Date

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## FINANCIAL POLICY

Thank you for choosing Northern Nevada Allergy to participate in your medical care. In an effort to provide you with a full understanding of your financial obligations, an important aspect of your medical care, we have developed the following policies:

**All patients are financially responsible for services provided by Northern Nevada Allergy Clinic (NNA).**

- NNA requires that you provide a copy of your current insurance card and photo ID at **every visit**.
- It is the patient's responsibility to know their insurance policies, terms, conditions and limitations.
- As a requirement of both NNA and your insurance company, co-payments are due at the time of service. If you are unable to make your co-payment, you will be assessed a \$25 processing fee.
- Payment of co-insurance or any charges not covered by your plan is required at the time of service.
- Medicare recipients are expected to update the National File with any changes by calling 1-800-MEDICARE.
- Payment is required in full at the time of service from uninsured patients unless arrangements have been made in advance.
- If previous arrangements have not been made, any account balance over 90 days will be turned over to a collection agency.
- A fee of \$25 will be charged to you for returned checks, plus any bank fees incurred.

**Appointments**

- A \$35 fee will be assessed for your second non-testing appointment canceled without 24 hours notice.
- Patients who accumulate a total of three "No Shows" in a calendar year may be terminated from the practice.
- For all testing procedures lasting four hours and longer, we require a \$50 deposit to hold your appointment block. We require 48 hours cancellation for all testing appointments; failure to give 48 hours notice will result in the forfeiting of your \$50 deposit.

**Referrals/Authorizations**

- It is the patient's responsibility to ensure that any referrals or authorizations for treatment are provided to the office prior to your appointment. If the authorization or referral is not obtained prior to your visit, you will be expected to pay for all charges at the time of your visit.

Our practice firmly believes that a good physician/patient relationship is based upon understanding and good communication. Questions about our Financial Policy should be directed to the front desk personnel.

I have read and understand the Financial Policy and agree to comply and accept responsibility for services provided by Northern Nevada Allergy.

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Signature of financially responsible party

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Date

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Printed Name

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## CONSENT TO USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

### Use and Disclosure of your protected Health Information

Your protected health information will be used by Northern Nevada Allergy Clinic or disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of the practice.

### Notice of Privacy Practices

You should review the Notice of Privacy Practices for a more complete description of how your protected health information may be used or disclosed. You may review the notice prior to signing this consent.

### Requesting a Restriction on the Use or Disclosure of Your Information

You may request a restriction on the use or disclosure of your protected health information.

Northern Nevada Allergy Clinic may or may not agree to restrict the use or disclosure of your protected health information.

If Northern Nevada Allergy Clinic agrees to your request, the restriction will be binding on the practice. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the Federal Privacy standards.

### Revocation of Consent

You may revoke this consent to the use and disclosure of your protected health information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

### Reservation of Right to change Privacy Practices

Northern Nevada Allergy Clinic reserves the right to modify the privacy practices outlined in the notice.

### Signature

I have reviewed this consent form and the Notice of Privacy Practice (if requested) for Northern Nevada Allergy Clinic. I give my permission to use and disclose my health information in accordance with it.

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Person(s) to have access to my notes, etc.

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Name of Patient (Please print)

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Signature of patient/guardian

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Date

**WELCOME TO NORTHERN NEVADA ALLERGY CLINIC, LTD.**  
**\*THE FOLLOWING INFORMATION IS NECESSARY FOR BILLING AND COLLECTION\***  
**\*THIS FORM NEEDS TO BE UPDATED ANNUALLY\***

**PATIENT INFORMATION**

FIRST NAME \_\_\_\_\_ MI \_\_\_\_\_ LAST NAME \_\_\_\_\_

DOB \_\_\_\_\_ SSN \_\_\_\_\_ GENDER:  MALE  FEMALE

MAILING ADDRESS \_\_\_\_\_

CITY, STATE \_\_\_\_\_ ZIP \_\_\_\_\_

May we leave a detailed message regarding your medical care / treatment at this number?

HOME PHONE \_\_\_\_\_  YES  NO

CELL PHONE \_\_\_\_\_  YES  NO

WORK PHONE \_\_\_\_\_  YES  NO

E-MAIL \_\_\_\_\_

EMPLOYER \_\_\_\_\_ OCCUPATION \_\_\_\_\_

EMPLOYER PHONE \_\_\_\_\_

**MARITAL STATUS:**

- SINGLE
- MARRIED
- DIVORCED
- SEPARATED
- WIDOW(ER)
- DOMESTIC PARTNER

**RACE (REQUIRED):**

- AMERICAN INDIAN OR ALASKA NATIVE
- ASIAN
- BLACK OR AFRICAN AMERICAN
- HISPANIC
- NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER
- WHITE
- REFUSE TO REPORT

**ETHNICITY (REQUIRED):**

- HISPANIC OR LATINO
- NON HISPANIC OR LATINO
- REFUSE TO REPORT

EMERGENCY CONTACT \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

PHONE \_\_\_\_\_ DOB \_\_\_\_\_

**PHARMACY INFORMATION**

PHARMACY OF CHOICE \_\_\_\_\_

ADDRESS/LOCATION (e.g. N MCCARRAN & PRATER) \_\_\_\_\_

**MISCELLANEOUS INFORMATION**

WHICH PROVIDER DO YOU CURRENTLY SEE?:  DR. NUGENT  DR. REYES  SHELLI-MARIE NELSON, APN

WHO REFERRED YOU TO OUR OFFICE? \_\_\_\_\_

**MEDICAL INSURANCE INFORMATION**

*PLEASE BE PREPARED TO SHOW YOUR INSURANCE CARD AND IDENTIFICATION AT EVERY OFFICE VISIT*

PRIMARY INSURANCE COMPANY \_\_\_\_\_

POLICYHOLDER'S NAME \_\_\_\_\_ DOB \_\_\_\_\_ SSN \_\_\_\_\_

POLICY/ID NUMBER \_\_\_\_\_ GROUP # \_\_\_\_\_

PATIENT'S RELATIONSHIP TO POLICYHOLDER:  SELF  SPOUSE  CHILD  OTHER \_\_\_\_\_

SECONDARY INSURANCE COMPANY \_\_\_\_\_

POLICYHOLDER'S NAME \_\_\_\_\_ DOB \_\_\_\_\_ SSN \_\_\_\_\_

POLICY/ID NUMBER \_\_\_\_\_ GROUP # \_\_\_\_\_

PATIENT'S RELATIONSHIP TO POLICYHOLDER:  SELF  SPOUSE  CHILD  OTHER \_\_\_\_\_

The above information is true to the best of my knowledge. I authorize Northern Nevada Allergy Clinic to release my information to insurance carriers concerning my medical condition/treatment, etc. in order to facilitate claims payment.

\_\_\_\_\_  
PATIENT NAME (PLEASE PRINT)

\_\_\_\_\_  
PATIENT/LEGAL GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

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Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
First Middle initial Last

Gender: \_\_\_\_\_ Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_ City of Residence: \_\_\_\_\_

Who / How were you referred to our practice? \_\_\_\_\_

Who is your Primary Healthcare Physician/Provider? \_\_\_\_\_

Person completing this form, if other than patient: \_\_\_\_\_ / \_\_\_\_\_  
Relationship to patient

Would you like medical records from your evaluation with us sent to:  Primary Care provider above  Referring provider above  Other: \_\_\_\_\_

What is the main problem that has brought you in for evaluation?

How long ago did these symptoms FIRST BEGIN?

What treatments have you tried?

What helped the most?

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**DRUG ALLERGIES: List, or write "none"**

**MEDICATIONS:**

**First, please list medications taken for any ALLERGY-RELATED (Respiratory, nasal, eye, skin, etc) conditions:**

Medication Name	Dosage:	Times per day:	How long used:	Effectiveness:
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**ALL other medications, or herbal supplements taken for ANY OTHER CONDITIONS: (include over-the-counter / as needed):**

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

## Symptoms and Contributory History

<b>NOSE AND SINUSES:</b>	None	Mild	Moderate	Severe	Remarks:
Itchy nose	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Rubbing the nose	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Sneezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Stuffy nose / nasal congestion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Runny or drippy nose	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Drainage into throat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Thick or thin?					
Frequent throat clearing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Sleeping with mouth open	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Snoring	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Decreased sense of smell	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Rate your sense of smell from 0-10: (0 being none, and 10 being normal):					_____ out of 10
Facial pressure or pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Headache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Itchy / scratchy throat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Lump or "frog" in throat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Thick green or yellow nasal mucus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hoarseness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Loss of voice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
History of broken nose / nasal trauma?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Recurrent sinus infections?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Frequency:					
CT (cat scan) of the sinuses?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Ever told you have Nasal Polyps?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
CT (cat scan) of the sinuses?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Have you been evaluated previously by an ENT (Ear, Nose, Throat) Doctor?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Who?					
Details					
Last seen:					
Previous nasal or sinus surgery?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Details:					
Tonsils or adenoids removed?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		Which/ when:
<b>EYES:</b>					
Itchy eyes or rubbing of eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Burning eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Watery eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Red / Bloodshot eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Swelling around eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Darkness under eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Eyelids stick together	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
DO YOU WEAR CONTACTS:	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Last eye exam:					
Ophthalmologist?					
<b>EARS:</b>					
Itching of ear canals or outer ear	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ear stuffiness, fullness or pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ear popping or clicking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Difficulty "clearing ears"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Decreased hearing acuity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dizziness / Vertigo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ear infections? Frequency, details:					
Ear surgery or tubes? When, details:					



<b>LUNGS / BREATHING:</b>	None	Mild	Moderate	Severe	Remarks:
Cough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Wheezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Chest Tightness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Are these symptoms CONTINUOUS Or do they occur in EPISODES?	<input type="checkbox"/> Continuous		<input type="checkbox"/> Episodes		
Do the above symptoms limit your activity level?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		How often:
Do these symptoms wake you at night?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		How often:
Have you been diagnosed with asthma?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Have you been diagnosed with COPD, emphysema, or chronic bronchitis?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Are you currently using any inhalers or nebulizers to help you breathe easier?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Have you used any inhalers in the past?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Have you been given oral steroids for breathing symptoms (ie Prednisone, Medrol)	<input type="checkbox"/> No		<input type="checkbox"/> Yes		How often: Last given:
Have you required Emergency Room care for breathing symptoms?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		How often: Last ER visit:
Have you been hospitalized for breathing symptoms?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		How often: Last Hospitalized:
Have you had any pulmonary function (breathing) testing?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		Details:
Have you ever had a Chest Xray?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Last done:	Findings:				

<b>SKIN / RASHES</b>	None	Mild	Moderate	Severe	Remarks:
Hives (red, raised, itchy blotches)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Swelling of the skin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Eczema / Atopic dermatitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Contact dermatitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Itching WITHOUT any rash	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other rash / not sure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Does it itch?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Does it burn or hurt?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Are there bumps?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Are there blisters?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
How long has it been present	___ days ___ weeks ___ months				
Is this a CONTINUOUS rash or does it come and go in EPISODES?	<input type="checkbox"/> Continuous		<input type="checkbox"/> Episodes		
How long to individual lesions last?	___ hours ___ days ___ weeks				
Where does the rash START?					
What body part(s) are affected?					
Do any of the following make the rash worse:					
Dry Skin?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Heat (ie hot tubs, heaters)?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Exercise?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Cold?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Foods?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		List:
Any relation to meals?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Medications?	<input type="checkbox"/> No		<input type="checkbox"/> Yes		
Other triggers you suspect:					

Have you seen any other dermatologist or allergist for this?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Who? Last seen?
If Yes- what evaluation was done?			
What treatments have you tried?			
<input type="checkbox"/> Antihistamines- less sedating: (Claritin, zyrtec, allegra, etc)	Effectiveness:		
<input type="checkbox"/> Antihistamines- sedating: (benadryl, atarax/hydroxyzine, etc)	Effectiveness:		
<input type="checkbox"/> Topical Steroids (triamcinolone, mometasone, etc)			
<input type="checkbox"/> Protopic ointment or Elidel cream	Effectiveness:		
<input type="checkbox"/> Other: list:	Effectiveness:		
Have you received <b>oral</b> steroids (ie Prednisone or medrol) for this?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Response: Last taken: Number of times taken:
Have you received a <b>steroid shot</b> (ie kenalog, depo-medrol) for this?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Response: Last taken: Number of times taken:
Other information you feel is relevant:			

<b>FOOD ALLERGIES:</b>			Remarks:
Do you have any known or suspected food allergies:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	If YES, list the foods, and the reactions below:
<b>FOOD #1:</b> _____			
Reaction:			
How treated:			
Eaten since?			
<b>FOOD #2:</b> _____			
Reaction:			
How treated:			
Eaten since?			
<b>FOOD #3:</b> _____			
Reaction:			
How treated:			
Eaten since?			
Avoiding any foods in your diet now?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Which ones:
Do you have an EPIPEN or TWINJECT (auto-injectable epinephrine device)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	

<b>STINGING INSECT ALLERGY:</b>			
Do you have any known or suspected allergies to stinging insects (ie bees/ wasps / yellow jackets?):	<input type="checkbox"/> No	<input type="checkbox"/> Yes	If YES, list the reactions below:
How long ago were you stung?			
What stung you (if known?):			
Where were you stung?			
Reaction / Treatment:			
Were you ever allergy tested for this?			
Other relevant information?			
Do you have an EPIPEN or TWINJECT (auto-injectable epinephrine device)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	

**TRIGGERS: Which of the following make your symptoms worse? Mark all that apply**

	Nasal, Ear, or Eye symptoms	Breathing symptoms	Skin symptoms	Remarks:
Worse indoors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Worse outdoors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Grass	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
leaves / mulch / compost / hay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cats	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dogs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other animals (specify) _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Upper respiratory infections	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tobacco smoke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Strong odors or perfumes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Chemical vapors or aerosol sprays	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Weather changes / humidity changes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cold air	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Stress or strong emotions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Sunlight or sun exposure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alcohol ingestion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cosmetics- specify:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Foods- specify:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Relation to menstrual cycle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Taking NSAID medications such as Motrin (ibuprofen/advil), naprosyn or aspirin?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Have you taken any of these before? How often / last taken:				
Other triggers : (specify)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Seasons: Spring	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Summer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Fall	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Winter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ALL YEAR	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**Have you been previously tested for allergies?**

If YES: Year \_\_\_\_\_ City \_\_\_\_\_ Doctor \_\_\_\_\_

- Skin tested for environmental allergies: (Findings):  
 Blood tested for environmental allergies:(Findings):

- 
- Skin tested for food allergies (Findings):  
 Blood tested for food allergies (Findings):

- 
- Patch tested for contact dermatitis (Findings):

**Have you been on allergy shots?**

If YES: When were you started on shots?

How long were you on shots?

Last received? Did they help?

Did you have any reactions to the shots?

**SMOKING HISTORY:**

\_\_\_ Never Smoked

\_\_\_ In the past, but I quit → # years smoked: \_\_\_\_\_ # packs per day \_\_\_\_\_ When did you quit? \_\_\_\_\_

\_\_\_ I Currently Smoke: → # years smoked: \_\_\_\_\_ # packs per day \_\_\_\_\_

**ALCOHOLIC BEVERAGE HABITS:**

**HOUSING / ENVIRONMENT:** Check the things that are true about your home:

Type of Building:		Heating and Cooling:		Your BEDROOM:	
<input type="checkbox"/>	Single family home	<input type="checkbox"/>	Radiators	<input type="checkbox"/>	Carpeted
<input type="checkbox"/>	Apartment/ condo/ dormitory	<input type="checkbox"/>	Central forced heating	<input type="checkbox"/>	Hard floor (wood, tile, etc)
<input type="checkbox"/>	Mobile home	<input type="checkbox"/>	A/C- central forced air	<input type="checkbox"/>	Curtains
<input type="checkbox"/>	Farm / Ranch	<input type="checkbox"/>	A/C- window unit(s)	<input type="checkbox"/>	Feather or down comforter
<input type="checkbox"/>	Mainly wall-to-wall carpet	<input type="checkbox"/>	Humidifiers used	<input type="checkbox"/>	Have dust mite-proof covers on pillows
<input type="checkbox"/>	Mainly hard-surface flooring	<input type="checkbox"/>	DE-humidifiers used	<input type="checkbox"/>	Have dust mite-proof covers on mattress

**Approximate age of home:**

**How long have you lived there?**

**Number of stories:**

**Basement?**

**Number of occupants:**

**Any smokers?**

**Who?**

**Does their smoking affect your symptoms?**

**PETS:**

Type (cat, dog, bird, etc)    Number    How long present:    indoors / outdoors    Any symptoms caused by close contact?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**OCCUPATIONAL INFLUENCES:** (do any occupational influences / exposures impact your symptoms? Describe:

\_\_\_\_\_

\_\_\_\_\_

**ACTIVITIES:** Describe your hobbies / social / athletic activities:

\_\_\_\_\_

\_\_\_\_\_

Do any of these cause an increase in your symptoms?

**GEOGRAPHIC HISTORY:** Please list localities, where you have lived, how long you lived there, and relation to symptoms

City, State	Duration	Remarks about allergy symptoms:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**FAMILY HISTORY:**

Father	<input type="checkbox"/> Alive	<input type="checkbox"/> Deceased	<input type="checkbox"/> Unknown	Age/cause of death:
Mother	<input type="checkbox"/> Alive	<input type="checkbox"/> Deceased	<input type="checkbox"/> Unknown	Age/cause of death:
Brothers (# )	<input type="checkbox"/> Alive	<input type="checkbox"/> Deceased	<input type="checkbox"/> Unknown	Age(s) /cause(s) of death:
Sisters (# )	<input type="checkbox"/> Alive	<input type="checkbox"/> Deceased	<input type="checkbox"/> Unknown	Age(s) /cause(s) of death:

Do you have family members (blood relatives) with:	Mother	Father	Brother	Sister	Son	Daughter	Grand-parent
<b>Asthma</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>COPD / Emphysema</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Nasal Allergies</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Chronic Sinusitis or Nasal Polyps</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Cystic Fibrosis</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Migraines</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Food Allergy</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Eczema or Atopic Dermatitis</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Recurrent Hives / Swelling</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Immune Deficiency</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Other:</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PAST MEDICAL HISTORY:** List other medical problems / issues you have (ie high blood pressure, back pain, etc):

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**PAST SURGICAL HISTORY:** List any surgery or hospitalizations you have had:

_____	_____	_____
_____	_____	_____
_____	_____	_____

**ADDITIONAL REVIEW OF SYSTEMS:** (check all that apply)

Conditions	Details if Yes:	Symptoms	Details if Yes:
<input type="checkbox"/> Head trauma		<input type="checkbox"/> Fever	
<input type="checkbox"/> Heart disease / angina		<input type="checkbox"/> Severe fatigue	
<input type="checkbox"/> Irregular heart rate / rhythm		<input type="checkbox"/> Depression / Anxiety	
<input type="checkbox"/> Heart murmur		<input type="checkbox"/> Vision Change	
<input type="checkbox"/> High blood pressure		<input type="checkbox"/> Muscle Ache	
<input type="checkbox"/> High cholesterol		<input type="checkbox"/> Joint Pain	
<input type="checkbox"/> Ulcer / Gastritis		<input type="checkbox"/> Bowel Habit Changes	
<input type="checkbox"/> Esophageal reflux		<input type="checkbox"/> Abdominal Pain	
<input type="checkbox"/> Chronic diarrhea		<input type="checkbox"/> Vomiting	
<input type="checkbox"/> Hepatitis		<input type="checkbox"/> Painful Urination	
<input type="checkbox"/> Bladder infections		<input type="checkbox"/> Lymph node swelling	
<input type="checkbox"/> Kidney / renal disease		<input type="checkbox"/> Night Sweats	
<input type="checkbox"/> Arthritis		<input type="checkbox"/> Easy Bruising / Bleeding	
<input type="checkbox"/> Other bone / joint problems		<input type="checkbox"/> Passing out	
<input type="checkbox"/> Osteoporosis		<input type="checkbox"/> Heat / Cold intolerance	
<input type="checkbox"/> Diabetes / blood sugar		<input type="checkbox"/> Unintentional weight gain/loss	
<input type="checkbox"/> Thyroid condition		<input type="checkbox"/> Numbness/ weakness	
<input type="checkbox"/> Stroke		<input type="checkbox"/> Other Pain	